



COAHOMA COUNTY SCHOOL DISTRICT

Committed to Caring...Dedicated to Excellence

Healthy Kids



December 2012
LUNCH MENU

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Chef Salad or Beef Fingers Sweet Potatoes Tart Shells Green Salad Black-Eye Peas Grapes WW Biscuit WW Spaghetti Cookie	4 Chef Salad or Chicken Fajita Wrap Cut Beans or Green Salad Strawberries WW Tortilla Wrap Milk Fat Free Salad Dressing	5 Chef Salad or Beef Stew Soup Grilled Cheese Sandwich Cole Slaw or Green Salad Peach Corn Bread or Cornbread WW Crackers Cookie	6 Chef Salad or Chicken Spaghetti Sweet Peas Green Salad Spinach Apple WW Rolls & WW Crackers Milk Fat Free Salad Dressing	7 Chef Salad or Tuna Salad French Fries Broccoli Salad Lettuce & Tomatoes Orange Wedges WW Crackers Toasted WW Bread Milk Fat Free Salad Dressing	8
9	10 Chef Salad or Baked Fish Nugget Cole Slaw Fresh Carrots Apple WW Cheesy Spaghetti Cookie Milk Fat Free Salad Dressing	11 Chef Salad or Pizza Baked Beans Broccoli Oranges WW Pizza Crust Free Slush 4oz Milk Fat Free Salad Dressing	12 Chef Salad or Grilled Ham & Cheese Sandwich French Fries Black-Eye Peas Pears WW Crackers Sliced Toast Bread Milk Fat Free Salad Dressing	13 Chef Salad or Chicken Salad Sweet Peas Spinach Grapes WW Crackers Sliced Toast Bread Milk Fat Free Salad Dressing	14 Chef Salad or Sloppy Joe Corn Cut Beans Banana WW Buns Cookie Milk Fat Free Salad Dressing	15
16	17 Chef Salad or Grilled Ham & Cheese Sandwich French Fries Black-Eye Peas Pears WW Crackers Sliced Toast Bread Milk Fat Free Salad Dressing	18 Chef Salad or Chicken Salad Sweet Peas Spinach Grapes WW Crackers Sliced Toast Bread Milk Fat Free Salad Dressing	19 Christmas/New Years Holidays	20 Christmas/New Years Holidays	21 Christmas/New Years Holidays	22
23	24 Christmas/New Years Holidays		26 Christmas/New Years Holidays	27 Christmas/New Years Holidays	28 Christmas/New Years Holidays	29
30	31 Christmas/New Years Holidays					